













# January, 2012

Monthly Menu  
Price Per Lunch \$2.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Beefy Quesadilla <del>2</del></p> <p>or</p> <p>A) Chicken Nuggets</p> <p><i>SCHOOL</i></p> <p>Choice of Two:</p> <p>Applesauce Cup Tossed Salad Juicy Juice</p> <p>1/2 Pint Low-Fat Milk</p>	<p>Ham &amp; Cheese Stromboli <del>3</del></p> <p>or</p> <p>A) Beef &amp; Cheese Nachos</p> <p>Choice of Two:</p> <p>Sweet Corn Tossed Salad Fruit &amp; Nut Nutrition Bar</p> <p>1/2 Pint Low-Fat Milk</p> 	<p>Ham &amp; Cheese Stromboli <del>4</del></p> <p>or</p> <p>A) Chicken Patty on a Bun</p> <p>Choice of Two:</p> <p>Potato Medley Tossed Salad Chilled Fruit</p> <p>1/2 Pint Low-Fat Milk</p>	<p>Popcorn Chicken with Warm Muffin <del>5</del></p> <p>or</p> <p>A) Hamburger on a Bun</p> <p>Choice of Two:</p> <p>Hot Vegetable Tossed Salad Pineapple Tidbits</p> <p>1/2 Pint Low-Fat Milk</p> 	<p>Breaded Mozzarella Sticks with Dipping Sauce <del>6</del></p> <p>or</p> <p>A) Cheese Pizza</p> <p>Choice of Two:</p> <p>Green Beans Tossed Salad Italian Fruit Ice</p> <p>1/2 Pint Low-Fat Milk</p>
<p>Totally Taco Max Snacks <del>9</del></p> <p>or</p> <p>A) Chicken Nuggets</p> <p>Choice of Two:</p> <p>Sweet Corn Tossed Salad Salsa with Chips</p> <p>1/2 Pint Low-Fat Milk</p> <p>Fruit Snack with Every Lunch</p> 	<p>BBQ Chicken Flatbread <del>10</del></p> <p>or</p> <p>A) Beef &amp; Cheese Nachos</p> <p>Choice of Two:</p> <p>Hot Vegetable Tossed Salad Fruit Cup</p> <p>1/2 Pint Low-Fat Milk</p>	<p>Salisbury Steak with Gravy and Warm Breadstick <del>11</del></p> <p>or</p> <p>A) Chicken Patty on a Bun</p> <p>Choice of Two:</p> <p>Whipped Potatoes Tossed Salad Vegetable</p> <p>1/2 Pint Low-Fat Milk</p> 	<p>Chicken Chef Salad with Crackers <del>12</del></p> <p>or</p> <p>A) Hamburger on a Bun</p> <p>Choice of Two:</p> <p>Vegetable Tossed Salad Warm Fruit Turnover</p> <p>1/2 Pint Low-Fat Milk</p>	<p>Macaroni &amp; Cheese <del>13</del></p> <p>or</p> <p>A) Cheese Pizza</p> <p>Choice of Two:</p> <p>Fruit Cup Tossed Salad Fresh Veggie Sticks with Dip</p> <p>1/2 Pint Low-Fat Milk</p> 

SUBSTITUTION OF ITEMS MAY BE NECESSARY

January, 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>16</b>  <b>Martin Luther King, Jr.</b>            January 15, 1929  <b>NO SCHOOL</b></p>	<p><b>17</b>  <b>LA Cinnamon Bread with Sausage Patties</b>            or  <b>A) Beef &amp; Cheese Nachos</b>  <b>Choice of Two:</b>            Applesauce Cup            Tossed Salad            Fruit Juice            1/2 Pint Low-Fat Milk</p>	<p><b>18</b>  <b>Pasta with Meat Sauce and Warm Breadstick</b>            or  <b>A) Chicken Patty on a Bun</b>  <b>Choice of Two:</b>            Green Beans            Tossed Salad            Fruit Medley            1/2 Pint Low-Fat Milk</p> 	<p><b>19</b>  <b>Chicken Teriyaki with Rice and Dinner Roll</b>            or  <b>A) Hamburger on a Bun</b>  <b>Choice of Two:</b>            Vegetable Tossed Salad            Fresh Oranges            1/2 Pint Low-Fat Milk</p>	<p><b>20</b>  <b>Toasted Cheese Sandwich</b>            or  <b>A) Cheese Pizza</b>  <b>Choice of Two:</b>            Applesauce Cup            Tossed Salad            Juicy Juice            1/2 Pint Low-Fat Milk</p> 
<p><b>23</b>  <b>Honey BBQ Riblets</b>            or  <b>A) Chicken Nuggets</b>  <b>Choice of Two:</b>            Potato Medley            Tossed Salad            Fruit Sherbet            1/2 Pint Low-Fat Milk  <i>Warm Breadstick</i></p>	<p><b>24</b>  <b>Manager's Choice Day!</b>  <i>Cookie Treat with Every Lunch</i></p> 	<p><b>25</b>  <b>Homestyle Meatloaf with Breadstick</b>            or  <b>A) Chicken Patty on a Bun</b>  <b>Choice of Two:</b>            Mashed Potatoes            Tossed Salad            Chilled Juice            1/2 Pint Low-Fat Milk  <i>Fruit Snack Treat</i></p>	<p><b>26</b>  <b>Stadium Hot Dogs on Buns (2)</b>            or  <b>A) Hamburger on a Bun</b>  <b>Choice of Two:</b>            Potato Medley            Tossed Salad            Baked Beans            1/2 Pint Low-Fat Milk</p> 	<p><b>27</b>  <b>Egg &amp; Cheese Tortilla Wrap</b>            or  <b>A) Cheese Pizza</b>  <b>Choice of Two:</b>            Seasonal Fresh Fruit            Tossed Salad            Vegetable Medley            1/2 Pint Low-Fat Milk  <i>President's Cookies</i></p>
<p><b>30</b>  <b>Cheese Pizza</b>            or  <b>A) Chicken Nuggets</b>  <b>Choice of Two:</b>            Potato Wedges            Tossed Salad            Peaches            1/2 Pint Low-Fat Milk  <i>Cookie Treat with Every Lunch</i></p> 	<p><b>31</b>  <b>Corn Dog</b>            or  <b>A) Beef &amp; Cheese Nachos</b>  <b>Choice of Two:</b>            Sweet Corn            Tossed Salad            Fruit Cup            1/2 Pint Low-Fat Milk</p>			

This institution is an equal opportunity provider and employer.

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